



Welcome to your free build your own **Confidence on Camera Step by Stage** workbook.

To start with here's your reference guide back to the book with 7 Step and 7 Secret Stages pages.

Where there is an online worksheet or further reference material here you'll see the usual icon: 

- Download and print these off to use when you are at that stage in the book to create your Playlists for your A&Es = awareness and exercise practice rehearsal
- or join the Club to download as a complete workbook.

Then Press Play on your #Flawsome videos!




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The Mind of the Machine





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