



The Presenter Mindset

Make your end of Step 2 Playlist review notes in your book or workbook here...

Learning Review and A&E

To truly laugh, you must be able to take your pain, and play with it!
Charlie Chaplin

My Learning Stage Notes:

1. My Video Presenter Self-assessment - what works?...
2. My Confident Connections - 3 Cs...
3. My Congruence - focus for me!..
4. My Confident Mindset - turn fear to...
5. My Emotional Connections - M3 exercises...
6. My Actional Connections - WIIFMs me to viewer you + CTAs...
7. My I'MPact - to make an impact, take the I'M-Pact...

Be #FLAWSOME - Stuff up with confidence & get over it!

You can use these Mindset tools to create your own Confidence on Camera, and actually any time you present in public, when you are willing to:

- ✓ Trust your brain
- ✓ Believe in yourself
- ✓ KNOW you can and will!



MY NOTES...

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