



## Tongue Twister Fun!

You MUST move your mouth to speak clearly. Use your articulators and open mouth for a round vocal tone

- ▶ **Your Articulators are: The lips, the teeth, the tip of the tongue**
- ▶ **Round vocal tone comes from a relaxed throat, jaw and open mouth**
  - ✓ Stretch your mouth before you start and twist your tongue to warm up – grin wide, then pout!
  - ✓ Say each tongue twister, slowly, clearly and move your mouth to articulate as much as possible
  - ✓ Repeat each 3 times to use your mouth, only then work on building speed.

If you find one exercise tricky, then that is the area of your vocal articulation that need exercising the most!

### Tongue Twister for Specific Mouth Areas

#### LIPS:

- Pippy and Poppy are two little puppies
- Big black bugs blood
- Very funny, very funny, very funny

#### TEETH:

- Fry fresh fish
- Bertha sews with thin thread
- This, that, these and those

#### TONGUE:

- Little Lilly loves leaping logs
- Leaping frogs like leaping logs
- Red lorry, yellow lorry; red lolly, yellow lolly

#### SOFT PALATE: *(soft tongue, open your mouth)*

- There was an old king of Hong Kong
- Gargle the goose giggled gaggles of geese

#### HARD PALATE: *(use tongue against roof of mouth)*

- Tim has ten toes
- Ducky Daddles loves the puddles

#### BACK of THROAT - *relax the back of your throat as you say these to lose the tension*

- Ah Eh Ih Oh Ooo

#### JAW / MOUTH:

- All Vowels say one by one clearly – A E I O U
- Arthur asked father to park the car
- Mr Brown, are you going down to town
- Ben, Ben lend me your pen
- Ray stay today and play games in the shady bay
- This reading is easy isn't it?

Help thanks to Jessica Brown, Sydney Australia  
<http://www.lifechangingexperiences.org>

### General Tongue Twisters

#### General quick warm ups – repeat the words as clearly and cleanly as possible 3 x each

- The lips, the teeth, the tips of the tongue
- Mixed biscuits
- Proper pot
- Unique New York
- Selfish shellfish
- Virulent vampires
- Sly Sam
- Whiter whites
- Joe loves snow
- Pay day today
- Around the rocks
- Adelaide adds adders
- Lazy Lenny
- Wrap the ribs
- Irish wristwatches
- Imaginary menagerie
- The Leith police dismisseth us

#### + TOUGH TONGUE TWISTERS...

### ADVANCED

It's just a myth that Mrs Smith misses Mrs Moss's mother. Mrs Moss's mother misses Mrs Smith no more than Mrs Smith misses Mrs Moss!



MY NOTES...

A large, empty rectangular box with a brown border, intended for writing notes.